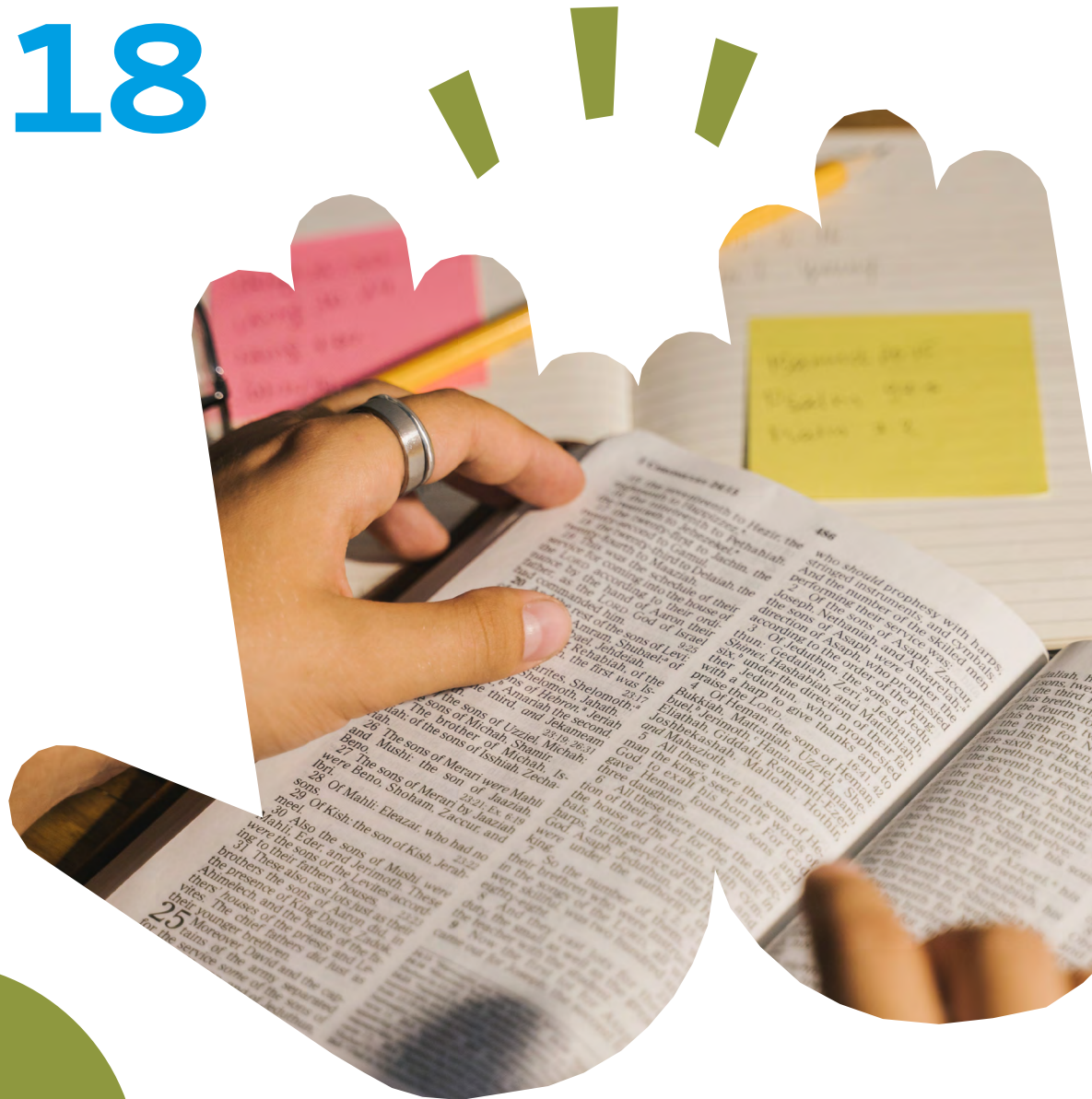


# YOUTH RESOURCES

## 15-18



WORSHIP &  
TEACHING

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# WORSHIP & TEACHING

*"What you say can mean life or death. Those who speak with care will be rewarded."  
Proverbs 18:20 (NCV)*



## INTRO

Words have power. What we listen to can mould and shape how we think, act and speak. So today we're looking at the words we use together through our sung worship times and teaching through the Bible and sermons. What do these say about God? What do they say about God's creation? What do they say about who God calls us to be?

If we sing and speak about how God is good and always faithful and powerful – then in good times and bad we will be reminded to look to Him for our help and confidence. If we speak and sing about how God loves all that he has made, how it worships him, and how he calls us to partner with him to care for it well – we'll be reminded of this as we go about our everyday lives. It will shape how we think, act and speak.



# GAME

Play one of these games related to worship to get warmed up to the session, use whichever of these (or your own) suits the group best.

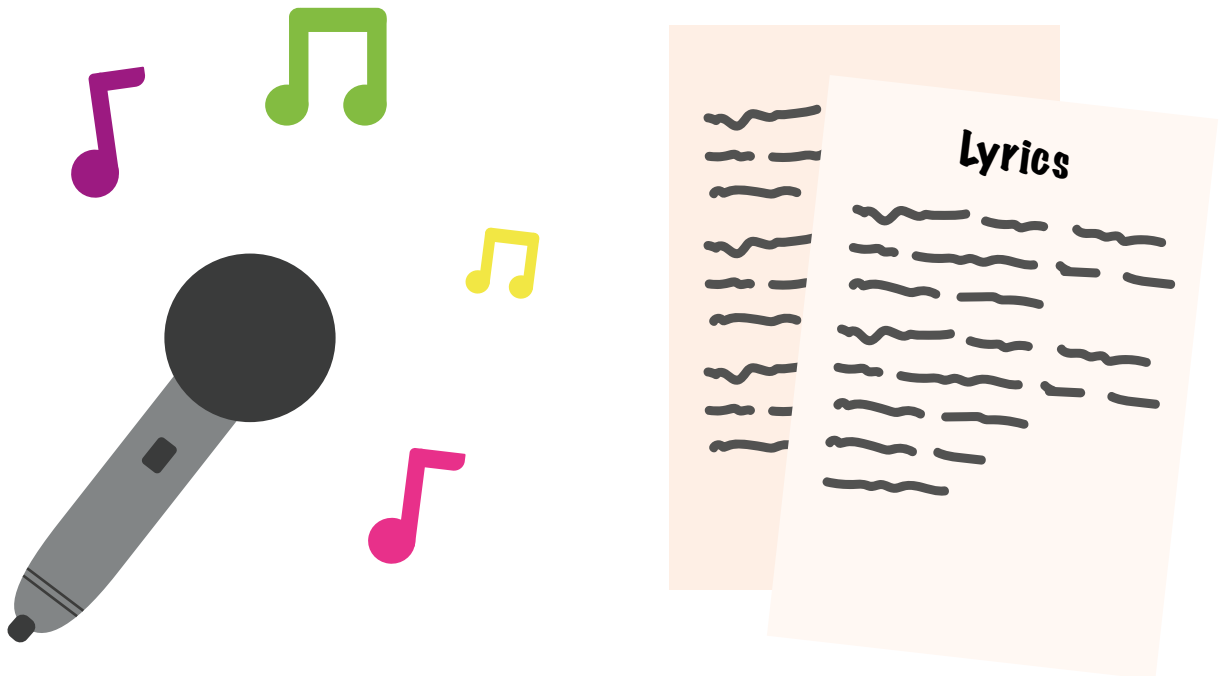
## Option 1: 'Love Song or Worship Song'

Play a 'Love Song or Worship Song' quiz – you can make your own if you have time, or use google to find one someone has already made. Here is one example on Sporcle: <https://www.sporcle.com/games/BookishGirl98/worship-song-or-love-song>

## Option 2: Songwriter supreme

Break into 2 or more groups. Each team chooses a modern mainstream song and works together to change the words into a worship song. Bonus points for including creation elements!

Perform your new worship song to the rest of the group. Cast votes for your favourite at the end (plus bonus points for any creation elements, and you can't vote for yourself) – highest scorers win!





# BIBLE

## Read Psalm 148 together

<https://www.biblegateway.com/passage/?search=Psalm+148&version=MSG>

- From what locations does the Psalm writer say to praise God? (v1, 7 – the heavens and the earth was a way of saying everywhere)
  - What locations do you love to praise God from?
  - Have you praised and prayed to God out in nature before? If not, give it a go! If so, how did you find it?
  - Are there any things in creation that remind you of how amazing God is? What and why?
- Who and what does the Psalmist say should praise God? (everything that's been created 'Praise the Lord!')
- What are some things that you think are great in creation? (e.g. the human body, animals, seasons, flowers, sunsets etc) Verse 13 tells us to praise God because he is even more wonderful than all of these things!
- What is the main message of this Psalm?
- This Psalm is all about all things praising God! In what ways can we praise him? (e.g. songs, actions, prayer, loving others etc)
  - What is one of these ways you'd like to do more?
  - Commit to doing this in the next week, and share in your next session about how it's gone



## GOING DEEPER

Watch this video by the Bible Project together to understand Psalm 148 even more – <https://www.youtube.com/watch?v=XgCrFI4Mc5Q> (6.46 mins)



# PRAY

Write your own Psalm of praise and prayer to God, including 'Hallelujah'/'Praise the Lord' and elements of creation praising God! If you'd like to – read some of these out together as a group.

*"Speak to each other with psalms, hymns,  
and spiritual songs, singing and making  
music in your hearts to the Lord."  
**Ephesians 5:19 (NCV)***





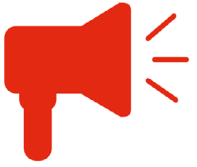
# WORSHIP

You may already have songs you know as a group that include themes of all that is created worshipping God – that's great! Take some time to sing these together now and praise God together for who he is, joining in with all creation.

If helpful, here are some song suggestions on this theme that might work for this age group to engage worshipping God along praising God with all creation:

- **Psalm 148 (Highly Exalted)** – Sixteen Cities <https://www.youtube.com/watch?v=uJQBgEbopOg> (5.12 mins)
- **Heavens Voice Brings The Dawn** – Resound Worship <https://www.youtube.com/watch?v=msWHOHQTJRQ> (4.35 mins)
- **Great Are You Lord** – All Sons & Daughters <https://www.youtube.com/watch?v=vQLMnPYoR9k> (4.48 mins)

*"The earth belongs to the Lord, and  
everything in it—  
the world and all its people."  
**Psalm 24:1 (NCV)***



# ACTION

## Mindmap & Commit

Look together at how you worship and learn as a group. How could you incorporate something regularly that reminds you how God loves all that he has made, it praises him and we are called to care for it?

### Equipment:

- Large sheet of paper e.g. A3 or Flipchart paper
- Big coloured marker pens

### Instructions:

- If you think it'll work – stay as one group, otherwise break down into smaller groups
- Get a big piece of paper in the centre and mindmap ways you want to continue to include creation care in your teaching and worship going forward
- Share these ideas as a group
- Vote for one or two ideas
- Commit to timescale (e.g. we will do this every month / term / year – and stick to it!

If you're stuck for ideas, here are a couple of examples to get you started:

- Audit your worship songs list to incorporate one or two new songs on this theme and use them regularly together
- Start 'Seasonal Sundays' (or something similar for the day you gather on), at the start of each next season praising God for what it teaches us and recommitting to looking after the environment as a group in a tangible and achievable way
- Commit to praying for environmental issues together once a term

