Lifestyle and Formation

For however long a student is engaged with a college, whether on a short course or as part of clergy training, the Eco College survey encourages them to deepen their understanding of ecotheology and explore how to respond to our creator in their lifestyle.

Formation is the holistic process of shaping a student's whole person, character, and spiritual life for ministry, going far beyond just academic or intellectual learning. The Eco College survey encourages colleges to help students and staff to understand that a Christian lifestyle is a greener lifestyle and is good for our spiritual, physical and mental wellbeing. Where students are in a residential setting the college is effectively the student's household during that time and the opportunity for influence is far-reaching. Where a college has residential students for at least a term they will opt for Pathway 1. If a college has no residential students or occasional residential events they will opt for Pathway 2 – acknowledging that the college has less 'control' over elements of formation but still striving for influence to the students/staff and their households.

There are two pathways through this category:

Pathway 1: Colleges with residential students (for a term or more)

Pathway 2: Colleges without residential students (or very occasional residential students)

Please use the 'Comments' box at the end of this category to expand on any of your answers, including where you have answered 'other', and anything else related to this survey category. Refer to the Eco College Overview document for further guidance about completing this category. For more information and to look at all the Eco College questions, visit the Eco College webpage.

Pathway question

1. Please identify which pathway best fits your situation.

- ☐ Pathway 1: Our college has residential students
- ☐ Pathway 2: Our college has no residential students

Eco College survey questions

Pathway 1: Our college has residential students

Commitment

2. Our college has a strategy or plan to promote an ethical and environmentally aware lifestyle.

- ☐ Yes
- ☐ No

Theme 1: Influence

3. Our college promotes the understanding that a Christian lifestyle is a greener lifestyle, and is good for our spiritual, physical and mental wellbeing.

- ☐ Yes
- ☐ No

4. Our college shares tips for a more ethical and sustainable lifestyle with our college staff, leadership and governing body.

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

5. Our college shares tips for a more ethical and sustainable lifestyle with students across our college's communication channels (e.g. newsletters, social media, website).

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

Theme 2: Carbon footprint

6. Our college promotes the auditing of personal/household carbon footprints (e.g. by using Climate Stewards, Giki, Take the Jump, the WWF Footprint Calculator or other calculators).

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

Eco College survey questions

7. Our college recognises that energy use for heating and lighting is one of the biggest contributors to carbon emissions in the UK and provides opportunities for learning about (choose all that apply):

- ☐ Ways to reduce consumption
- ☐ Ways to increase energy efficiency (e.g. smart meters, energy-efficient appliances)
- ☐ Greener energy and green energy tariffs
- ☐ Other
- ☐ No action yet

Theme 3: Transport

8. Our college recognises that transport is one of the biggest contributors to carbon emissions in the UK. Our transport policy and practices include (choose all that apply):

- ☐ Promoting sustainable transport (e.g. by allowing extra time for travel)
- ☐ Providing information about accessing the college via public transport
- ☐ Selecting in-person meeting venues that are accessible by public transport
- ☐ Facilitating online meetings to reduce travel
- ☐ Providing *one* electric car charging point
- ☐ Providing *two or more* electric car charging points
- ☐ Replacing existing 'pool cars' with electric ones
- ☐ Encouraging or facilitating car sharing (e.g. car pool/share scheme, paying an extra 5p for car share mileage)
- ☐ Providing bicycle mileage rates
- ☐ Providing safe storage for bicycles
- ☐ A cycle to work scheme (e.g. Bike2Work)
- ☐ Bicycle repair sessions
- ☐ Providing showers/facilities for people who cycle/run to college
- ☐ Supporting environmental campaigns (e.g. low emission zones, walkable neighbourhoods, Flight Free UK)
- ☐ Other
- ☐ No action yet

Eco College survey questions

Theme 4: Food

9. Our college recognises that the current global and industrialised food system is largely unsustainable. Our college food policy and practices include (choose all that apply):

- ☐ Growing our own food
- ☐ Encouraging students to take part in our food growing and gain new skills
- ☐ Always providing vegan/vegetarian options
- ☐ Serving wholly/mainly vegan/plant-based food
- ☐ Adopting a 'meat and fish reducing' menu
- ☐ Food/drink being locally sourced as far as possible
- ☐ Food/drink being organic as far as possible
- ☐ Food/drink being Fairtrade where possible
- ☐ Food/drink adhering to the highest animal welfare standards possible
- ☐ Providing food in conjunction with local or national anti-food waste schemes (e.g. Real Junk Food project, supermarket waste schemes, etc.)
- ☐ Providing appropriate quantities of food to reduce waste
- ☐ Donating any surplus food to anti-food waste schemes if possible
- ☐ Sourcing food/drink supplies from local sustainability movements (e.g. community orchard, Transition Town, Incredible Edible food waste cafes)
- ☐ Supporting relevant campaigns (e.g. Veganuary, Fairtrade Fortnight)
- ☐ Other
- ☐ No action yet

Theme 5: Other personal choices

10. Our college recognises that consumption of goods and services has a significant impact on climate and nature. Our college encourages individuals and households to reduce their consumption and make ethical choices by promoting (choose all that apply):

- ☐ Sustainability comparison websites such as Ethical Consumer
- ☐ Local cooperatives and sharing initiatives (e.g. community fridge)
- ☐ Lending/borrowing initiatives (e.g. Library of Things)
- ☐ Use of surveys and apps to monitor and reduce consumption (e.g. Creation Care survey)
- ☐ Buying fairly-traded goods where possible

Eco College survey questions

- ☐ Use of local repair cafe(s)
- ☐ Other
- ☐ No action yet

11. Our college recognises that the waste we produce as individuals and households has a significant impact on climate and nature, and we promote (choose all that apply):

- ☐ Continuously reducing the consumption of materials and resources
- ☐ Avoiding the use of disposable and single-use plastics wherever possible
- ☐ Reusing or buying second-hand wherever possible
- ☐ Recycling materials and equipment wherever possible
- ☐ Composting food waste at home or via a collection scheme
- ☐ Working towards sending zero waste to landfill
- ☐ Minimising waste-water
- ☐ Other
- ☐ No action yet

12. Our college recognises that personal choices about how we use our money – including banking, pensions and investing – have a significant impact on climate and nature. Our college raises awareness about financial choices and ethical investment.

- ☐ Yes
- ☐ Somewhat
- ☐ No

13. Our college recognises that private gardens and other outdoor spaces can make a significant contribution to nature, and encourages members to manage their own or other local outdoor spaces for nature in some way.

- ☐ Yes
- ☐ Somewhat
- ☐ No

Eco College survey questions

Pathway 2: Our college has no residential students

Commitment

2. Our college has a strategy or plan to promote an ethical and environmentally aware lifestyle.

- ☐ Yes
- ☐ No

Theme 1: Influence

3. Our college shares tips for a more ethical and sustainable lifestyle with our college staff, leadership and governing body.

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

4. Our college shares tips for a more ethical and sustainable lifestyle with students across our college's communication channels (e.g. newsletters, social media, website).

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

Theme 2: Carbon footprint

5. Our college promotes the auditing of personal/household carbon footprints (e.g. by using Climate Stewards, Giki, Take the Jump, the WWF Footprint Calculator or other calculators).

- ☐ Routinely
- ☐ Occasionally
- ☐ Never

Eco College survey questions

6. Our college recognises that energy use for heating and lighting is one of the biggest contributors to carbon emissions in the UK and provides opportunities for learning about (choose all that apply):

- ☐ Ways to reduce consumption
- ☐ Ways to increase energy efficiency (e.g. smart meters, energy-efficient appliances)
- ☐ Greener energy and green energy tariffs
- ☐ Other
- ☐ No action yet

Theme 3: Transport

7. Our college recognises that transport is one of the biggest contributors to carbon emissions in the UK. Our transport policy and practices include (choose all that apply):

- ☐ Promoting sustainable transport (e.g. by allowing extra time for travel, providing bicycle mileage, car share mileage, car charging)
- ☐ Opting for residential venues accessible by public transport
- ☐ Using online teaching and meetings where appropriate
- ☐ Supporting relevant campaigns (e.g. low emission zones, walkable neighbourhoods, Flight Free UK)
- ☐ Other
- ☐ No action yet

Theme 4: Food

8. Our college recognises that the current global and industrialised food system is largely unsustainable. Our college food policy and practices include (choose all that apply):

- ☐ Raising awareness about food systems and ethical choices
- ☐ Opting for Fairtrade tea and coffee
- ☐ Opting for local and seasonal food
- ☐ Opting for plant-based food
- ☐ Opting for ethical meat and fish (e.g. high-welfare, local or organic products)
- ☐ Supporting relevant campaigns (e.g. Veganuary, Fairtrade Fortnight)
- ☐ Other
- ☐ No action yet

Eco College survey questions

Theme 5: Other personal choices

9. Our college recognises that consumption of goods and services has a significant impact on climate and nature. Our college policy and practices include (choose all that apply):

- ☐ Promoting awareness and understanding of the impact of the consumption of goods and services
- ☐ Promoting awareness of initiatives that provide ethical alternatives (e.g. Community Fridge, Repair Cafe, Library of Things, swap events, community gardens)
- ☐ Sourcing goods and services from low impact organisations (e.g. ethical companies, charities, small businesses, Library of Things)
- ☐ The use of surveys and apps to monitor and reduce consumption (e.g. Creation Care survey)
- ☐ Other
- ☐ No action yet

10. Our college recognises that the waste we produce as individuals and households has a significant impact on climate and nature. Our college waste policy and practices include (choose all that apply):

- ☐ Raising awareness and understanding of the impact of household/office waste
- ☐ Actively working toward reducing waste (e.g. avoiding single-use plastics, composting, buying second-hand, repairing or recycling broken/obsolete equipment)
- ☐ Working towards sending zero waste to landfill
- ☐ Other
- ☐ No action yet

11. Our college recognises that personal choices about how we use our money – including banking, pensions and investing – have a significant impact on climate and nature. Our college raises awareness about financial choices and ethical investment.

- ☐ Yes
- ☐ Somewhat
- ☐ No

Eco College survey questions

12. Our college recognises that private gardens and other outdoor spaces can make a significant contribution to nature. Our college encourages members to manage their own or other local outdoor spaces for nature in some way.

- ☐ Yes
- ☐ Somewhat
- ☐ No